

## Course Description Form

<b>1. Course Name:</b>	
Psychiatric and mental health nursing	
<b>2. Course Code:</b>	
NUR408	
<b>3. Semester / Year:</b>	
Second Semester / fourthYear	
<b>4. Description Preparation Date:</b>	
26/3/2024	
<b>5. Available Attendance Forms:</b>	
Attendance only	
<b>6. Number of Credit Hours (Total) / Number of Units (Total)</b>	
60 hours in the semester. 3h of theory per week. 12h practice per week 7/total number of units per week.	
<b>7. Course administrator's name (mention all, if more than one name)</b>	
Name: Lecturer.Afkar fadhial kareem Email: <a href="mailto:afkar.kareem@uobasrah.edu.iq">afkar.kareem@uobasrah.edu.iq</a> Name: Assist. Lec.Doaa mohammed Baje Email:	
<b>8. Course Objectives</b>	
Course Objectives	<ol style="list-style-type: none"> <li>1. Describe and discuss the foundations, concepts, and principles of psychiatric and mental health nursing.</li> <li>2. Introducing community psychological care.</li> <li>3. Describe the ethical and legal issues related to psychiatric and mental nursing.</li> <li>4. Introducing psychological and mental health nursing theories.</li> <li>5. Apply therapeutic communication and avoid non-therapeutic communication with the psychological patient.</li> <li>6. Applying the nursing process in providing nursing service.</li> </ol>

9. Teaching and Learning Strategies

Strategy Brain Storm, Group Discussion,, Group Projects, and Presentations.

10. Course Structure

Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
1	3	1-Knowing and discussing the foundations, concepts and principles of psychological and mental health nursing	1. Foundations of psychiatric and mental health nursing	Lectures, Group Discussion, Group Projects, and Presentations.	Quizzes, monthly examinations, reports and final examinations.
2	3	2- Introducing students to the ethical and legal issues related to psychiatric and mental nursing.	2- Neurobiological theories		
3	3	3- Introducing students to the nursing process in providing nursing service.	3- Social psychological theories		
4	3	4-Learn how to evaluate psychological and mental health	4- Building the therapeutic relationship between the nurse and the patient		
5	3	5-How to describe the various types of psychological and mental disorders and the different treatment methods.	5-Disorders associated with trauma and stress		
6	3	6- Changing students'attitudes towards mental health and mental illness.	6-Anxiety and anxiety-related disorders		
7	3		7- Phobia and generalized anxiety disorder		
8	3		8- Obsessive-compulsive disorder and related disorders		
9	3		9- Schizophrenia spectrum and related disorders		
10	3		10- Mood disorders and suicide		
11	3		11- Addiction		
12	3		12- Cognitive disorders		
13	3		13- Diseases with physical symptoms		
14	3				
15	3				

		7- Identify the role of the nurse in community mental health nursing			
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**11. Course Evaluation**

Distributing the score out of 100 to:  
 1- 40 achievement marks (20 theoretical + 20 practical): for the tasks assigned to the student, such as daily tests, monthly exams, and reports.  
 2- 60 marks (20 practical + 40 theoretical): for the final exam.

**12. Learning and Teaching Resources**

Required textbooks (curricular books, if any)	1- Psychiatric-Mental Health Nursing eighth edition Sheila L.Videbeck,PhD,RN Professor Emeritus Des Moines Area Community College Ankeny,Iowa Illustrations by Cathy J.Miller
Main references (sources)	1- Psychiatric-Mental Health Nursing eighth edition Sheila L.Videbeck,PhD,RN Professor Emeritus Des Moines Area Community College Ankeny,Iowa Illustrations by Cathy J.Miller
Recommended books and references (scientific journals, reports...)	None
Electronic References, Websites	<a href="https://www.researchgate.net/">https://www.researchgate.net/</a> <a href="https://scholar.google.com/">https://scholar.google.com/</a>